

SANDWICHES

THE PALESTINIAN FALAFEL V	
Pocket full of hummus, tomato, cucumber pickles, fried aubergine, flat parlsey, chilli and tahini sauce	9.5
THE LEBANESE FALAFEL V	
Wrap full of tomato, cucumber pickles, flat parlsey and tahini sauce	9
FALAFEL YOUR WAY	
With your choice of bread: pocket or wrap Choose 4 fillings from: hummus, tomato, cucumber, pickles, rocket, aubergine, red onion, olives or lettuce and a sauce: chilli, tahini, garlic, tzatziki	10
THE GRILLED HALOUMI CHEESE SANDWICH	
Wrap full of grilled haloumi cheese with tomato and basil pesto	9
THE BREADED HALOUMI CHEESE SANDWICH	
Wrap full of breaded haloumi cheese with tomato, rocket leaves, cucumber and garlic sauce	10
THE CAULIFLOWER PITA V	
Pocket full of baba ghanoush, cauliflower fritters, tomato, cucumber, pickled red onions, parsley and tahini sauce	9.5
PLANT-BASED SHAWARMA V	
Pocket or wrap full of plant-based shawarma strips, lettuce, red onion, tomatoes, red cabbage, vegan chilli garlic mayo	10
SPICY HARISSA WRAP	
Wrap full of falafel, harissa mayo, tomatoes, lettuce, crispy onions, pickles	9.5

ADD HALOUMI TO ANY SANDWICH +2

SOUP

LENTIL SOUP V with bread	7
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MEZZE

HUMMUS V		STUFFED VINE LEAVES V	7
with bread	7	SPINACH FILO ROLLS V	7.5
BABA GHANOUSH V		CHEESE + SPINACH FILO ROLLS	8
Grilled aubergine purée, tahini, lemon juice, with bread	7	FALAFEL FRIES BOX V	
FRENCH FRIES		Fries and falafel topped with vegan chilli garlic mayo	8
with garlic sauce	4.5	CAULIFLOWER FRITTERS	
HALOUMI LOADED FRIES		Fried cauliflower heads, cumin, flat parsley, pomegranate seeds and tahini sauce V	9
Topped with umi seasoning mix and vegan chilli garlic mayo	9	BREADED HALOUMI STICKS	
SWEET POTATO FRIES	7.5	with umi's mango sauce	9
UMI'S BATATA HARA V			
spiced potato wedges	6.5		

UMI PLATE FOR TWO

10 PIECES OF FALAFEL, A SALAD OF YOUR CHOICE, 2 SPINACH ROLLS, 5 STUFFED VINE LEAVES OR BATATA HARA, BREAD AND HUMMUS OR BABA GHANOUSH V 27

SALADS

FATOUSH SALAD V	
Tomato, pepper, cucumber, parsley, dry mint, rocket, scallion, lettuce, with lemon juice, olive oil, toasted bread and pomegranate molasses	7.5
TABOULEH	
Bulgur wheat, finely chopped parsley, tomato, scallion, cucumber, lemon and olive oil dressing	7.5
MOROCCAN QUINOA SALAD	
Quinoa with red kidney beans, sweet corn, olives, red onion, coriander, Ras al Hanout spices, fresh mint, lemon juice and topped with almonds	9
GIANT COUSCOUS AND ROASTED VEGETABLES SALAD	
Giant couscous, roasted mixed vegetables and crumbled feta cheese	10
2 HALF PORTIONS OF ANY SALAD ABOVE	10
FALAFEL SALAD	
Red and white cabbage, tomato, coriander and garlic sauce	9
LENTIL MUJADARA - SERVED HOT -	
Green lentils, rice, caramelised onions and chilli sauce	7.5

ADD 3 FALAFELS TO ANY SALAD +2.5

BUILD YOUR OWN BOWL

- ALL BOWLS INCLUDE HUMMUS - 13.5	
1 CHOOSE YOUR BASE	Quinoa / Lentils & Rice / Mixed Greens
2 CHOOSE YOUR SALAD	Falafel / Fatoush / Tabouleh / Moroccan Quinoa / Giant Couscous
3 CHOOSE YOUR PROTEIN	4 Falafel Bites / Cauliflower Fritters / Grilled Halloumi / Plant Based Shawarma Add an extra protein + €2
4 CHOOSE YOUR TOPPINGS (UP TO 3 TOPPINGS)	Lettuce / Tomato / Rocket / Aubergine / Red Onion / Red Cabbage Caramelised Onion / Olives / Mixed Seeds Add an extra topping + €1
5 CHOOSE YOUR SAUCE	Tahini / Chilli / Garlic Mayo / Tzatziki / Mayo / Pesto / Mango Vegan Garlic Mayo / Vegan Chilli Garlic Mayo / Add an extra sauce + €1

UMI LUNCH SET

UNTIL 5PM – SOFT OR HOT DRINK INCLUDED – ALL 14.5

GIGI	UMI POWER BOWL
ANY SANDWICH WITH YOUR CHOICE OF BATATA HARA, SOUP OR SMALL SALAD	FALAFEL, HUMMUS, MIXED GREENS, TOMATO, CUCUMBER, RED CABBAGE, WITH VEGAN CHILLI MAYO PLUS A SALAD
BELLA	FARAH
6 PIECES OF FALAFEL WITH ANY SALAD AND HUMMUS DIP	CAULIFLOWER FRITTERS WITH YOUR CHOICE OF BATATA HARA, SOUP OR SMALL SALAD

UPGRADE YOUR DRINK TO A JUICE OR SPECIALTY COFFEE + 2.5

FALAFEL BITES

6 PIECES OF FALAFEL V	9
10 PIECES OF FALAFEL V	12
4 LARGE PIECES OF FALAFEL stuffed with mozzarella cheese	11
All served with hummus dip and bread	

EXTRAS

BREAD	2.5	MIXED PICKLES	3	BOWL OF OLIVES	3
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DIPS

Garlic Sauce, Tahini, Chilli, Tzatziki, Mango, Pesto, Vegan Chilli Garlic Mayo, Vegan Garlic Mayo	each 2.5
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UMI KIDS (UNDER 10s)

4 FALAFELS, FRIES OR SMALL SALAD, HUMMUS DIP AND BOTTLE OF WATER	8
UPGRADE DRINK TO A JUICE +2.5	

TO DRINK

SOFT DRINKS

COLD PRESSED JUICES	4.5
UMI'S FAMOUS MINTED LEMONADE	4.5
SOFT DRINKS	2.5
VIT HIT	4
STILL WATER / SPARKLING WATER	2.5

HOT DRINKS

AMERICANO	3.7	REGULAR TEA	3
CAPPUCCINO / CAFÉ LATTE	3.7	GREEN TEA	3
ESPRESSO	3	HERBAL TEA	3
DOUBLE ESPRESSO	3.5	FRESH MINT LEAVES TEA	3

UMI SWEETS

LEBANESE RICE PUDDING	6
BAKLAWA V	4.5
BASBOUSSA (semolina cake) V	5