SANDWICHES

ADD HALOUMI TO ANY SANDWICH +2

THE PALESTINIAN FALAFEL (V)
Pocket full of hummus, tomato, cucumber pickles, fried aubergine, flat parlsey, chilli and tahini sauce 9.5

THE LEBANESE FALAFEL (V)
Wrap full of tomato, cucumber pickles, flat parlsey and tahini sauce 9

FALAFEL YOUR WAY
With your choice of bread: pocket or wrap
Choose 4 fillings from: hummus, tomato, cucumber, pickles, rocket, aubergine, red onion, olives or lettuce
and a sauce: chilli, tahini, garlic, tzatziki 10

THE GRILLED HALOUMI CHEESE SANDWICH
Wrap full of grilled haloumi cheese with tomato and basil pesto 9

THE BREADED HALOUMI CHEESE SANDWICH
Wrap full of breaded haloumi cheese with tomato, rocket leaves, cucumber and garlic sauce 10

THE CAULIFLOWER PITA (V)
Pocket full of baba ghanoush, cauliflower fritters, tomato, cucumber, pickled red onions, parsley and tahini sauce 9.5

PLANT-BASED SHAWARMA (V)
Pocket or wrap full of plant-based shawarma strips, lettuce, red onion, tomatoes, red cabbage, vegan chilli garlic mayo 10

SPICY HARISSA WRAP
Wrap full of falafel, harissa mayo, tomatoes, lettuce, crispy onions, pickles 9.5

SOUP

LENTIL SOUP (V) with bread 7

MEZZE

HUMMUS (V)
with bread 7

BABA GHANOUSH (V)
Grilled aubergine purée, tahini, lemon juice, with bread 7

FRENCH FRIES
with garlic sauce 4.5

HALOUMI LOADED FRIES
Topped with umi seasoning mix and vegan chilli garlic mayo 9

SWEET POTATO FRIES 7.5

UMI'S BATATA HARA (V)
spiced potato wedges 6.5

STUFFED VINE LEAVES (V) 7

SPINACH FILO ROLLS (V) 7.5

CHEESE + SPINACH FILO ROLLS 8

FALAFEL FRIES BOX (V)
Fries and falafel topped with vegan chilli garlic mayo 8

CAULIFLOWER FRITTERS
Fried cauliflower heads, cumin, flat parsley, pomegranate seeds and tahini sauce (V) 9

BREADED HALOUMI STICKS
with umi's mango sauce 9

UMI PLATE FOR TWO

10 PIECES OF FALAFEL, A SALAD OF YOUR CHOICE, 2 SPINACH ROLLS, 5 STUFFED VINE LEAVES **OR** BATATA HARA, BREAD AND HUMMUS **OR** BABA GHANOUSH (V) 27

SALADS

FATOUSH SALAD (V)
Tomato, pepper, cucumber, parsley, dry mint, rocket, scallion, lettuce, with lemon juice, olive oil, toasted bread and pomegranate molasses 7.5

TABOULEH
Bulgur wheat, finely chopped parsley, tomato, scallion, cucumber, lemon and olive oil dressing 7.5

MOROCCAN QUINOA SALAD
Quinoa with red kidney beans, sweet corn, olives, red onion, coriander, Ras al Hanout spices, fresh mint, lemon juice and topped with almonds 9

GIANT COUSCOUS AND ROASTED VEGETABLES SALAD
Giant couscous, roasted mixed vegetables and crumbled feta cheese 10

2 HALF PORTIONS OF ANY SALAD ABOVE 10

FALAFEL SALAD
Red and white cabbage, tomato, coriander and garlic sauce 9

LENTIL MUJADARA - SERVED HOT -
Green lentils, rice, caramelised onions and chilli sauce 7.5

ADD 3 FALAFELS TO ANY SALAD +2.5

BUILD YOUR OWN BOWL

- ALL BOWLS INCLUDE HUMMUS - 13.5

1. **CHOOSE YOUR BASE**
Quinoa / Lentils & Rice / Mixed Greens
2. **CHOOSE YOUR SALAD**
Falafel / Fatoush / Taboulleh / Moroccan Quinoa / Giant Couscous
3. **CHOOSE YOUR PROTEIN**
4 Falafel Bites / Cauliflower Fritters / Grilled Halloumi / Plant Based Shawarma Add an extra protein + €2
4. **CHOOSE YOUR TOPPINGS** (UP TO 3 TOPPINGS)
Lettuce / Tomato / Rocket / Aubergine / Red Onion / Red Cabbage Caramelised Onion / Olives / Mixed Seeds Add an extra topping + €1
5. **CHOOSE YOUR SAUCE**
Tahini / Chilli / Garlic Mayo / Tzatziki / Mayo / Pesto / Mango Vegan Garlic Mayo / Vegan Chilli Garlic Mayo / Add an extra sauce + €1

UMI LUNCH SET

UNTIL 5PM – SOFT OR HOT DRINK INCLUDED – ALL 14.5

GIGI
ANY SANDWICH WITH YOUR CHOICE OF BATATA HARA, SOUP OR SMALL SALAD

UMI POWER BOWL
FALAFEL, HUMMUS, MIXED GREENS, TOMATO, CUCUMBER, RED CABBAGE, WITH VEGAN CHILLI MAYO PLUS A SALAD

UPGRADE YOUR DRINK TO A JUICE OR SPECIALTY COFFEE + 2.5

BELLA
6 PIECES OF FALAFEL WITH ANY SALAD AND HUMMUS DIP

FARAH
CAULIFLOWER FRITTERS WITH YOUR CHOICE OF BATATA HARA, SOUP OR SMALL SALAD

FALAFEL BITES

6 PIECES OF FALAFEL (V) 9

10 PIECES OF FALAFEL (V) 12

4 LARGE PIECES OF FALAFEL stuffed with mozzarella cheese 11

All served with hummus dip and bread

EXTRAS

BREAD 2.5 **MIXED PICKLES** 3 **BOWL OF OLIVES** 3

DIPS

Garlic Sauce, Tahini, Chilli, Tzatziki, Mango, Pesto, Vegan Chilli Garlic Mayo, Vegan Garlic Mayo *each* 2.5

UMI KIDS (UNDER 10s)

4 FALAFELS, FRIES OR SMALL SALAD, HUMMUS DIP AND BOTTLE OF WATER 8

UPGRADE DRINK TO A JUICE +2.5

TO DRINK

SOFT DRINKS

COLD PRESSED JUICES	4.5
UMI'S FAMOUS MINTED LEMONADE	4.5
SOFT DRINKS	2.5
VIT HIT	4
STILL WATER / SPARKLING WATER	2.5

HOT DRINKS

AMERICANO	3.7	REGULAR TEA	3
CAPPUCCINO / CAFÉ LATTE	3.7	GREEN TEA	3
ESPRESSO	3	HERBAL TEA	3
DOUBLE ESPRESSO	3.5	FRESH MINT LEAVES TEA	3

UMI SWEETS

LEBANESE RICE PUDDING	6
BAKLAWA (V)	4.5
BASBOUSSA (semolina cake) (V)	5

(V) vegan

Our bread is not gluten free. Full list of allergens available on request.