

SANDWICHES

THE PALESTINIAN FALAFEL

Pocket full of hummus, tomato, cucumber pickles, fried aubergine, flat parsley, chilli and tahini sauce 9.5

THE LEBANESE FALAFEL

Wrap full of tomato, cucumber pickles, flat parsley and tahini sauce 9

FALAFEL YOUR WAY

With your choice of bread: pocket or wrap

Choose 4 fillings from: hummus, tomato, cucumber, pickles, rocket, aubergine, red onion, olives or lettuce and a sauce: chilli, tahini, garlic, tzatziki 10

THE GRILLED HALOUMI CHEESE SANDWICH

Wrap full of grilled haloumi cheese with tomato and basil pesto 9

THE BREADED HALOUMI CHEESE SANDWICH

Wrap full of breaded haloumi cheese with tomato, rocket leaves, cucumber and garlic sauce 10

THE CAULIFLOWER PITA

Pocket full of baba ghanoush, cauliflower fritters, tomato, cucumber, pickled red onions, parsley and tahini sauce 9.5

PLANT-BASED SHAWARMA

Pocket or wrap full of plant-based shawarma strips, lettuce, red onion, tomatoes, red cabbage, vegan chilli garlic mayo 10

SPICY HARISSA WRAP

Wrap full of falafel, harissa mayo, tomatoes, lettuce, crispy onions, pickles 9.5

ADD
HALOUMI
TO ANY
SANDWICH
+2

SOUP

LENTIL SOUP  with bread 7

MEZZE

HUMMUS

with bread 7

BABA GHANOUSH

Grilled aubergine purée, tahini, lemon juice, with bread 7

FRENCH FRIES

with garlic sauce 4.5

HALOUMI LOADED FRIES

Topped with umi seasoning mix and vegan chilli garlic mayo 9

SWEET POTATO FRIES

and tahini sauce  9

UMI'S BATATA HARA

spiced potato wedges 6.5

STUFFED VINE LEAVES

7

SPINACH FILO ROLLS

7.5

CHEESE + SPINACH FILO ROLLS

8

FALAFEL FRIES BOX

Fries and falafel topped with

vegan chilli garlic mayo 8

CAULIFLOWER FRITTERS

Fried cauliflower heads, cumin,

flat parsley, pomegranate seeds

and tahini sauce  9

BREADED HALOUMI STICKS

with umi's mango sauce 9

UMI PLATE FOR TWO

10 PIECES OF FALAFEL, A SALAD OF YOUR CHOICE,
2 SPINACH ROLLS, 5 STUFFED VINE LEAVES OR BATATA HARA,
BREAD AND HUMMUS OR BABA GHANOUSH  27

SALADS

FATOUSH SALAD

Tomato, pepper, cucumber, parsley, dry mint, rocket, scallion, lettuce, with lemon juice, olive oil, toasted bread and pomegranate molasses 7.5

TABOULEH

Bulgur wheat, finely chopped parsley, tomato, scallion, cucumber, lemon and olive oil dressing 7.5

MOROCCAN QUINOA SALAD

Quinoa with red kidney beans, sweet corn, olives, red onion, coriander, Ras al Hanout spices, fresh mint, lemon juice and topped with almonds 9

GIANT COUSCOUS AND ROASTED VEGETABLES SALAD

Giant couscous, roasted mixed vegetables and crumbled feta cheese 10

2 HALF PORTIONS OF ANY SALAD ABOVE

10

FALAFEL SALAD

Red and white cabbage, tomato, coriander and garlic sauce 9

LENTIL MUJADARA - SERVED HOT -

Green lentils, rice, caramelised onions and chilli sauce 7.5

ADD
3 FALAFELS
TO ANY SALAD
+2.5

BUILD YOUR OWN BOWL

- ALL BOWLS INCLUDE HUMMUS - 13.5

- 1 CHOOSE YOUR BASE
Quinoa / Lentils & Rice / Mixed Greens
- 2 CHOOSE YOUR SALAD
Falafel / Fatoush / Tabouleh / Moroccan Quinoa / Giant Couscous
- 3 CHOOSE YOUR PROTEIN
4 Falafel Bites / Cauliflower Fritters / Grilled Halloumi / Plant Based Shawarma Add an extra protein + €2
- 4 CHOOSE YOUR TOPPINGS (UP TO 3 TOPPINGS)
Lettuce / Tomato / Rocket / Aubergine / Red Onion / Red Cabbage Caramelised Onion / Olives / Mixed Seeds Add an extra topping + €1
- 5 CHOOSE YOUR SAUCE
Tahini / Chilli / Garlic Mayo / Tzatziki / Mayo / Pesto / Mango Vegan Garlic Mayo / Vegan Chilli Garlic Mayo / Add an extra sauce + €1

UMI LUNCH SET

UNTIL 5PM - SOFT OR HOT DRINK INCLUDED - ALL 14.5

GIGI

ANY SANDWICH WITH
YOUR CHOICE OF
BATATA HARA, SOUP
OR SMALL SALAD

UMI POWER BOWL

FALAFEL, HUMMUS,
MIXED GREENS, TOMATO,
CUCUMBER, RED CABBAGE,
WITH VEGAN CHILLI MAYO
PLUS A SALAD

UPGRADE
YOUR DRINK
TO A JUICE
OR SPECIALTY
COFFEE + 2.5

BELLA

6 PIECES OF FALAFEL
WITH ANY SALAD
AND HUMMUS DIP

FARAH

CAULIFLOWER FRITTERS
WITH YOUR CHOICE OF
BATATA HARA, SOUP
OR SMALL SALAD

FALAFEL BITES

6 PIECES OF FALAFEL  9
10 PIECES OF FALAFEL  12
4 LARGE PIECES OF FALAFEL stuffed with mozzarella cheese 11

All served with hummus dip and bread

EXTRAS

BREAD 2.5 MIXED PICKLES 3 BOWL OF OLIVES 3

DIPS

Garlic Sauce, Tahini, Chilli, Tzatziki, Mango, Pesto,
Vegan Chilli Garlic Mayo, Vegan Garlic Mayo each 2.5

UMI KIDS (UNDER 10s)

4 FALAFELS, FRIES OR SMALL SALAD,
HUMMUS DIP AND BOTTLE
OF WATER 8

UPGRADE
DRINK TO
A JUICE
+2.5

TO DRINK

SOFT DRINKS

COLD PRESSED JUICES 4.5
UMI'S FAMOUS MINTED LEMONADE 4.5
SOFT DRINKS 2.5
VIT HIT 4
STILL WATER / SPARKLING WATER 2.5

HOT DRINKS

AMERICANO 3.7 REGULAR TEA 3
CAPPUCCINO / GREEN TEA 3
CAFÉ LATTE 3.7 HERBAL TEA 3
ESPRESSO 3 FRESH MINT
DOUBLE ESPRESSO 3.5 LEAVES TEA 3

UMI SWEETS

LEBANESE RICE PUDDING 6
BAKLAWA  4.5
BASBOUSSA (semolina cake)  5