

SANDWICHES

ADD
HALOUMI
TO ANY
SANDWICH
+2

THE PALESTINIAN FALAFEL V	
Pocket full of hummus, tomato, cucumber pickles, fried aubergine, flat parsley, chilli and tahini sauce	7.5
THE LEBANESE FALAFEL V	
Wrap full of tomato, cucumber pickles, flat parsley and tahini sauce	7
FALAFEL YOUR WAY	
With your choice of bread: pocket or wrap Choose 4 fillings from: hummus, tomato, cucumber, pickles, aubergine, rocket, red onion, olives or lettuce and a sauce: chilli, tahini, garlic, tzatziki	7.5
THE GRILLED HALOUMI CHEESE SANDWICH	
Wrap full of grilled haloumi cheese with tomato and basil pesto	7.5
THE BREADED HALOUMI CHEESE SANDWICH	
Wrap full of breaded haloumi cheese with tomato, rocket leaves, cucumber and garlic sauce	7.5
THE CAULIFLOWER PITA V	
Pocket full of baba ghanoush, cauliflower fritters, tomato, cucumber, pickled red onions, parsley and tahini sauce	7.5
PLANT-BASED SHAWARMA V	
Pocket or wrap full of plant-based shawarma strips, lettuce, red onion, tomatoes, red cabbage, vegan chilli garlic mayo	8.5
SPICY HARISSA WRAP	
Wrap full of falafel, harissa mayo, tomatoes, lettuce, crispy onions, pickles	7.5

MEZZE

HUMMUS V with bread	6	STUFFED VINE LEAVES V	5.5
BABA GHANOUSH V		SPINACH FILO ROLLS V	7
Grilled aubergine purée, tahini, lemon juice, with bread	6	CHEESE + SPINACH ROLLS	7.5
FRENCH FRIES		FALAFEL FRIES BOX V	
with garlic sauce	3.5	Fries and falafel topped with vegan chilli garlic mayo	7
HALOUMI LOADED FRIES		CAULIFLOWER FRITTERS	
Topped with umi seasoning mix and vegan chilli garlic mayo	7.5	Fried cauliflower heads, cumin, flat parsley, pomegranate seeds and tahini sauce V	8
SWEET POTATO FRIES		BREADED HALOUMI STICKS	
UMI'S BATATA HARA V	6	with umi's mango sauce	7.5
spiced potato wedges	5		

FALAFEL BITES

6 PIECES OF FALAFEL V	7	10 PIECES OF FALAFEL V	8.5
4 LARGE PIECES OF FALAFEL stuffed with mozzarella cheese	9		
All served with hummus dip and bread			

SOUP

LENTIL SOUP V with bread	5.5
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UMI PLATE FOR TWO

10 PIECES OF FALAFEL, A SALAD OF YOUR CHOICE, 2 SPINACH ROLLS, 5 STUFFED VINE LEAVES OR BATATA HARA, BREAD AND HUMMUS OR BABA GHANOUSH V	22
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UMI SET

ALL DAY - SOFT OR HOT DRINK INCLUDED - ALL 12.5

GIGI

ANY SANDWICH WITH YOUR CHOICE OF BATATA HARA, SOUP OR SMALL SALAD

UPGRADE
YOUR DRINK
TO A JUICE
OR SPECIALTY
COFFEE + 2

BELLA

6 PIECES OF FALAFEL WITH ANY SALAD AND HUMMUS DIP

UMI POWER BOWL

FALAFEL, HUMMUS, TOMATO, MIXED GREENS, CUCUMBER, RED CABBAGE, WITH VEGAN CHILLI MAYO PLUS A SALAD

FARAH

CAULIFLOWER FRITTERS WITH YOUR CHOICE OF BATATA HARA, SOUP OR SMALL SALAD

SALADS

ADD
3 FALAFELS
TO ANY SALAD
+2

FATOUSH SALAD V	
Tomato, pepper, cucumber, parsley, dry mint, rocket, scallion, lettuce, with lemon juice, olive oil, toasted bread and pomegranate molasses	6
TABOULEH	
Bulgur wheat, finely chopped parsley, tomato, cucumber, scallion, lemon and olive oil dressing	6
MOROCCAN QUINOA SALAD	
Quinoa with red kidney beans, sweet corn, olives, red onion, coriander, Ras al Hanout spices, fresh mint, lemon juice and topped with almonds	6.5
GIANT COUSCOUS AND ROASTED VEGETABLES SALAD	
Giant couscous, roasted mixed vegetables and crumbled feta cheese	7.5
2 HALF PORTIONS OF ANY SALAD ABOVE	8
FALAFEL SALAD	
Red and white cabbage, tomato, coriander and garlic sauce	7
LENTIL MUJADARA - SERVED HOT -	
Green lentils, rice, caramelised onions and chilli sauce	6.5

BUILD YOUR OWN BOWL

- ALL BOWLS INCLUDE HUMMUS - 10.5

1 CHOOSE YOUR BASE	Quinoa / Lentils & Rice / Mixed Greens
2 CHOOSE YOUR SALAD	Falafel / Fatoush / Tabouleh / Moroccan Quinoa / Giant Couscous
3 CHOOSE YOUR PROTEIN	4 Falafel Bites / Cauliflower Fritters / Grilled Halloumi / Plant Based Shawarma Add an extra protein + £1.5
4 CHOOSE YOUR TOPPINGS (UP TO 3 TOPPINGS)	Lettuce / Tomato / Rocket / Aubergine / Red Onion / Red Cabbage Caramelised Onion / Olives / Mixed Seeds Add an extra topping + £0.8
5 CHOOSE YOUR SAUCE	Tahini / Chilli / Garlic Mayo / Tzatziki / Mayo / Pesto / Mango Vegan Garlic Mayo / Vegan Chilli Garlic Mayo / Add an extra sauce + £0.8

EXTRAS

BREAD	2	MIXED PICKLES	3	BOWL OF OLIVES	3.5
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DIPS

Garlic Sauce, Tahini, Chilli, Tzatziki, Mango, Pesto	each 1.5
Vegan Chilli Garlic Mayo, Vegan Garlic Mayo	each 2

UMI KIDS (UNDER 10s)

4 FALAFELS, FRIES OR SMALL SALAD, HUMMUS DIP AND A BOTTLE OF WATER	6.5
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UPGRADE
DRINK TO
A JUICE
+2

TO DRINK

SOFT DRINKS

COLD PRESSED JUICES	3.5	VIT HIT	2.5
UMI'S MINTED LEMONADE	3.5	STILL WATER	2
SOFT DRINKS	2	SPARKLING WATER	2

HOT DRINKS

AMERICANO	3	REGULAR TEA	3
CAPPUCCINO / CAFÉ LATTE	3.5	GREEN TEA	3
ESPRESSO	2.5	HERBAL TEA	3
DOUBLE ESPRESSO	3	FRESH MINT LEAVES TEA	3

UMI SWEETS

LEBANESE RICE PUDDING	4
BAKLAWA available regular and V	4
BASBOUSSA (semolina cake) V	4